

quick.  
start.



hoomhouse

# quick. start.

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# welcome to hoomhouse

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At hoomhouse, we provide high quality ABA services to individuals with autism by leveraging technology. There are so many children that are unable to receive services due to their proximity to a clinician or the lack of space in a clinic. It is our promise that we provide affordable service in your home, when you want it, without the hassles of a waitlist. We have seen what quality ABA services can do to help individuals and their family, and we are very thankful to have the opportunity to make a positive impact on your child's life.



Lauren Hoomaian  
founder, BCBA

# Applied Behavior Analysis

ABA stands for applied behavior analysis. Applied behavior analysis uses evidence based practices in order to improve socially significant behaviors. So what does that mean? Evidence based means that interventions have been evaluated using reliable and objective measurement. These interventions have been replicated and shown to be effective with a similar population of interest. A socially significant behavior means that the behavior is important. It may be important to society or community, but it may be a behavior that is important to the individual's family or the individual themselves. Some examples include communication, independence with life skills, social interaction skills, etc. ABA is the only behavioral treatment for autism endorsed by the US Surgeon General and the National Institutes of Health.

# uses of ABA

## increase behaviors

ABA can be used to increase age appropriate behaviors. Some examples include communication, self-help, and even academic skills.

## teach new skills

We strive for independence. This means providing our clients tools to engage in activities and complete tasks without assistance.

## maintain behaviors

It is important that when a behavior is taught, we continue to work on it to ensure that behavior maintains in the child's repertoire.

## reduce interfering behaviors

We use principles of ABA in order to teach more appropriate alternatives to current target behaviors.

# virtual intervention

There is a lack of clinicians that are able to provide effective ABA services to individuals that need it. Many children live hours away from a provider, while others may live in close proximity, but remain on a wait list for years at a time. Virtual intervention allows those children who many not have access to therapy, to receive effective therapy. Virtual therapy, or telehealth involves the use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

*Affordable behavior therapy  
that is ready when you are.*



any where, any time  
You are not limited to providers in your area. Connect with any of the behavior therapists at Hoom House.



no waitlists  
Services start within a week of when you sign up.



affordable  
Because all services are online, our costs are able to keep our expenses down and pass our savings on to you.

# SCHEDULE AN ASSESSMENT

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The first step in the process is to schedule an assessment with one of our Board Certified Behavior Analysts (BCBA). You can request an assessment in one of two ways:

- 1] Visit [hoomhouse.com](https://hoomhouse.com) and submit the “Request an Assessment Form”.
- 2] Send an email to [hello@hoomhouse.com](mailto:hello@hoomhouse.com) and ask about our assessment process. We will respond quickly to have your assessment schedule as soon as possible.

# MEET YOUR BCBA

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2 /5

In most cases, your BCBA will reach out to schedule the assessment. Sometimes, your first meeting will be during the assessment. In either case, this will be your time to get to know each other. Our BCBA's are experienced and truly love what they do. Feel free to ask them any questions about their experiences or learn more about how the virtual intervention process works.



# THE ASSESSMENT

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3 /5

The assessment is typically between 30 and 60 minutes long, but longer assessments are not uncommon. During the assessment, the BCBA will observe your child's behavior and gain a better understanding of their skill sets. Ideally, the undesirable behavior will happen during this time so the BCBA can gain a better understanding of your child's behavior.

## Typical Activities During an Assessment

1. Observation and preference assessment: gain an understanding of likes and dislikes, and behavior triggers
2. Functional Behavior Assessment Interview: discussion of concerns and goals
3. Skills assessment: gain an understanding of strengths, weaknesses, and find a starting point for sessions.
4. Follow-up: time to answer questions and discuss next steps

# IMPLEMENTATION

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## 4 /5

Following the initial assessment, an individualized treatment plan will be created for your child. Once completed, the BCBA will meet with you to go over the proposed goals and strategies that will be utilized to meet the goals. After training, you will be ready to begin ABA sessions with your child and the BCBA.

# GENERALIZATION

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Now that we are seeing progress with the behavior, it is time to grow that progress beyond therapy sessions and into your everyday routine. This process is called **generalization**.

To ensure that generalization occurs, we focus on achieving independence with multiple people, across different instruction, materials, and environments. We want to make sure that your child has the ability to achieve a high level of skills and independence in all situations that they may encounter.

# additional resources

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For more information on ABA and opportunities for training and free resources, visit:

Autism Spectrum Disorders: Guide to Evidence-based Interventions- Missouri Autism Guidelines Initiative: a thorough description of what evidence based research is, its importance, overview of the intervention process.  
<http://www.autismguidelines.dmh.mo.gov/documents/Interventions.pdf>

Association for Science in Autism Treatment (ASAT): A resource for parents, educators, and clinicians on the best practice for individuals with autism.  
<http://www.asatonline.org/>

Autism Speaks: Autism speaks provides resources regarding federal and state legislature, insurance, new research, and much more. This site also provides a free video glossary. <http://www.autismspeaks.org/what-autism/video-glossary>

Ohio Center for Autism and Low Incidence (OCALI) Autism Internet Modules (AIM): OCALI provides access to a large glossary of free training videos and resources. [http://www.autisminternetmodules.org/user\\_mod.php](http://www.autisminternetmodules.org/user_mod.php)

# additional resources

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UC Davis MIND Institute Autism Distance Education Parent Training (ADEPT): Provides free online training for parents and families in ABA, free downloads, and a glossary of ABA terms. <http://www.ucdmc.ucdavis.edu/ddcenter/adept.html>

College of Applied Human Services (CoAHS): Provides structured courses for parents and professionals on topics in ABA. Although this resource is not free, these courses are a great resources for those interested in learning more about ABA. <http://coahs-edu.org/>

Autism Training Solutions (ATS): Training tool for parents, families, educators, behavior techs. This is a great tool that can be customized to have a curriculum to meet the goals that you would like to achieve. <http://www.autismtrainingsolutions.com/>

ReThink Autism: An online training tool for parents, educators, and those interested in learning more about ABA and strategies in ABA. <http://rethinkfirst.com/>

Relias: Relias is an online curriculum intended for a better understanding in topics and strategies in ABA for those implementing therapy. <http://reliaslearning.com/>